

RUNNER'S GUIDE

 **MAYRHOFEN**
ULTRAKS ZILLERTAL

06th SEPTEMBER 2025

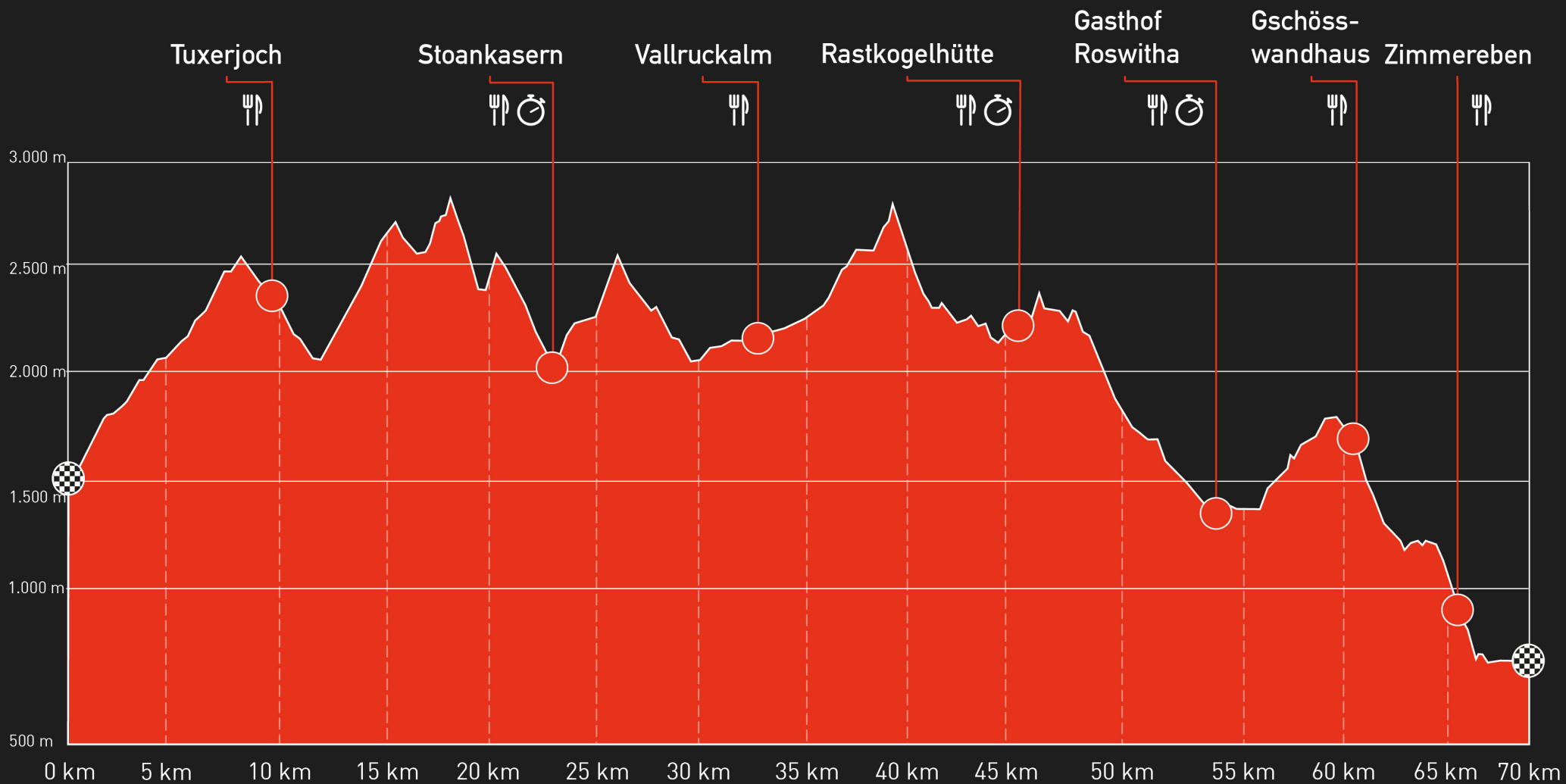
TUX 070

Face the challenge

TUX 070

Face the challenge





TUX070

Face the challenge



Cut-Off



Verpflegung



Medi Check

70 km | 4.000 hm

FOOD-STATIONS

TUX070

	TUXERJOCH	STOANKASERN	VALLRUCKALM	RASTKOGELHÜTTE	ROSWITHA	GSCHÖSSWAND	MAYRHOFEN (FINISH)
SOLID							
Energy Bars (MNSTRY)	X	X	X	X	X	X	X
Oranges / Orangen	X	X	X	X	X	X	X
Bananas / Bananen	X	X	X	X	X	X	X
Watermelon / Wassermelone		X	X	X	X	X	X
Cucumbers / Gurken	X	X	X	X	X	X	X
Chocolate / Schokolade		X	X	X	X	X	X
Biscuits / Kekse	X	X	X	X	X	X	X
Cake			X				X
LIQUID							
Vegetables Broth / Gemüsebrühe		X	X	X	X		
Isotonic Drink / Isotonisches Getränk	X	X	X	X	X	X	X
Water / Wasser	X	X	X	X	X	X	X
Coke / Cola		X	X	X	X	X	
Apple Juice / Apfelschorle		X	X	X	X		
Red Bull			X	X	X	X	X

MANDATORY EQUIPMENT

TUX070

Face the challenge



MANDATORY EQUIPMENT «TUX070»

Backpack / Running vest

Cell phone (always on)

Identity document

Emergency blanket (min. 1,40m x 2m)

elastic bandage for an emergency treatment
(min. 200cm x 4cm - no tape!)

Jacket for bad weather in the mountains
(waterproof & breathable)

warm long sleeve layer

Head torch

headband or cap

sunglasses

personal, individual food supply*

Softflask (min 0,5l) / folding cup

Spikes**

Please note:

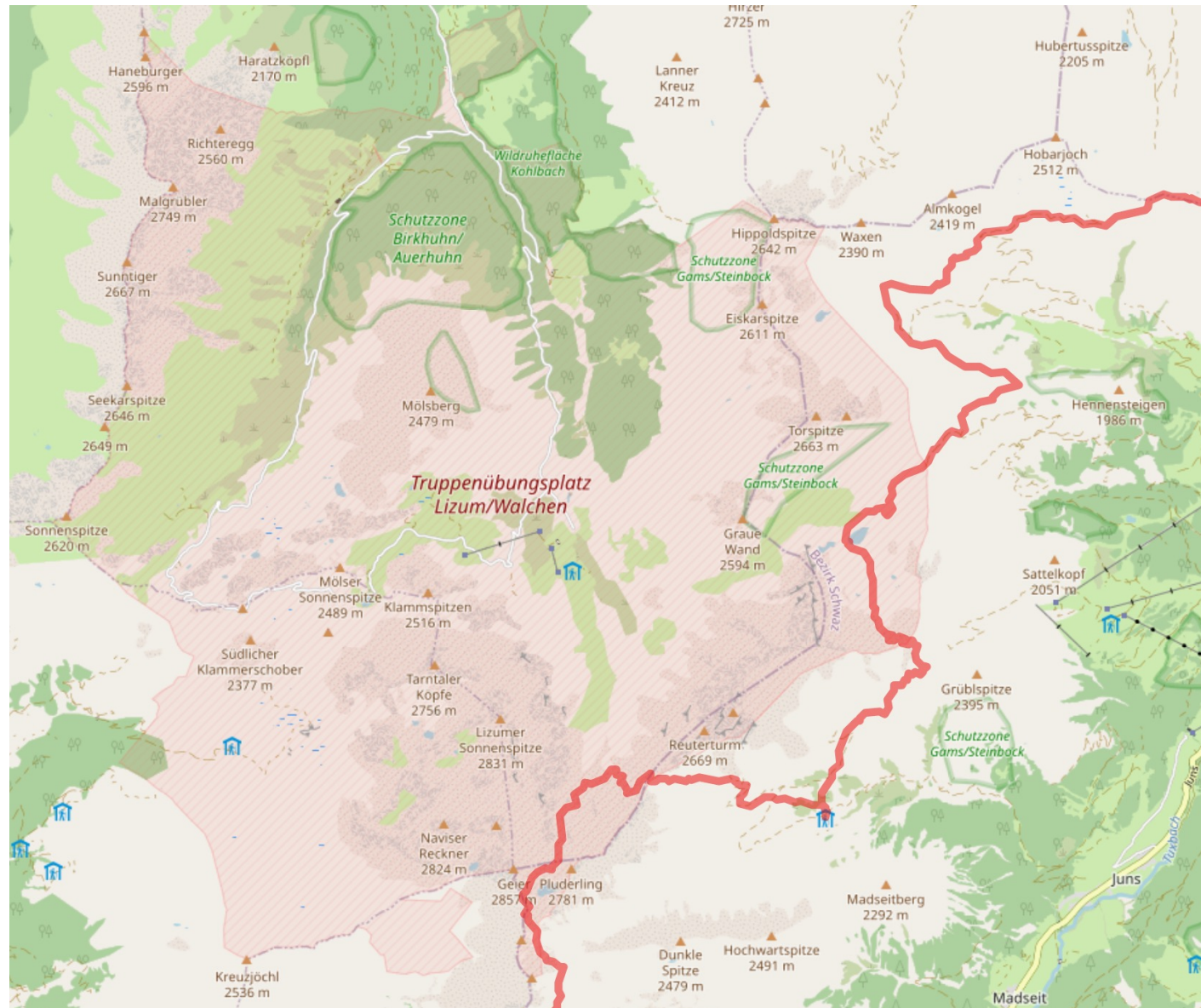
The mandatory equipment will be checked before the start.

It is not permitted to start with incomplete mandatory equipment.

* Bars and gels must be labeled with your race number!

** Announcement at the race briefing on Friday depending on weather conditions

RESTRICTED MILITARY ZONE TUX070



RESTRICTED MILITARY ZONE TUX070

- The paths at the Lizum/Walchen military training area must not be left because of the danger of unexploded ordnance.
- Suspicious objects and parts of ammunition must not be touched.
- Do not light fires.

BUSSHUTTLE AND DROPBAG TUX070

For all athletes of the TUX070 we offer a bus transfer to the start of the race (Hintertuxer Gletscherbahn). Please note that this service **must be booked in advance** via your Time2Win profile as a shop article.

The bags with your personal belongings can be left on the bus in the morning.

The buses will drive back to Mayrhofen with them and the bags will then be deposited by the volunteers at the baggage claim. All backpacks should already be labeled with the starting number.

Departure is on Saturday, at **04:30 am** in front of the **Europahaus** in Mayrhofen.

CUT-OFF TIMES

For your safety, cut-off times have been set as follows:

«TUX070»

Stoankasern: 12:00 pm

Rastkogel: 04:30 pm

Roswitha: 06:00 pm

Finish Closure 9:00 pm

Cut-off times may change at short notice depending on weather conditions.

TAXI IN CASE OF RESIGNING

In case you drop out, we have organized taxi shuttles that will take you back to Mayrhofen from the designated pick-up points at fixed times.

Roswitha

Shuttle departs at

- 5pm
- 5:30 pm
- 6:00 pm
- 6:30 pm

Pick-Up Location:

<https://maps.app.goo.gl/kb6zxdhjHPmPg8kG7>

Rastkogelhütte

Shuttle departs at

- 5:30 pm
- 6:00 pm

Pick-Up Location:

<https://maps.app.goo.gl/V17wjLmezu3cY6gw6>

-> approx. 20 min walk from VP
Rastkogelhütte to the shuttle pick-up location

WAYFINDING



COURSE MARKING



Orange flags mark your way. They are our essential route markers and serve as an orientation aid! Typically, we place a flag every 30-50 meters. On straight stretches, the distance may be longer. Basically all flags are set in sight.

SIGNAGE



Sprint



MUZ14



MUZ30



RK50



TUX070

You can also orientate yourself by the course signs of your race.

DISTANCE FLAGS

Placed every five kilometers (*every 10km for the RK50 & TUX070*), they display the distance covered in the colours of the respective track.



«MUZ14»



«MUZ30»



«RK50»



«TUX070»

“TO GO” FLAGS



"TO GO" flags indicate the distance to the finish line. They are placed 4, 2 and 1 km before arrival.

COURSE CHANGES

The organizers have the right to change the route or cancel the race in case of unfavorable weather conditions.

PROCEDURE FOR RACE ABANDONMENT

1. INFORM

Inform the Race Office immediately by SMS or WhatsApp to:

+43 664 99954993 with the following information:

- your bib number
- your name
- your position

or inform a course marshal (orange vest).

2. TAKING OFF THE RACE BIB

To avoid mistakes, it is important to take off your race number after the race and put it in your pocket.

BIB FUNCTIONS



The diagram shows a blue rectangular bib with a white background. At the top, the word "SALOMON" is printed in large, bold, black letters. Below it, the "MAYRHOFEN ULTRAKS ZILLERTAL" logo is displayed, featuring a mountain silhouette. The central text "«MUZ30»" is in large, bold, black letters. To the right of the central text is the "Mayrhofen IM ZILLERTAL" logo, which includes a mountain and sun icon. Below this is the "ZILLERTAL TUX FINKENBERG 850 - 3250 m" logo. A vertical white banner on the right side of the bib reads "6. SEPT 2025". The bib is divided into three horizontal sections by dashed lines. The top section is labeled "VOUCHER RUNNER'S MEAL". The middle section is labeled "VOUCHER RUNNER'S DRINK". The bottom section is labeled "SHOWER" and includes the text "@ Erlebnisbad Mayrhofen Waldbadstr. 539".

SALOMON

MAYRHOFEN ULTRAKS ZILLERTAL

«MUZ30»

Mayrhofen IM ZILLERTAL

ZILLERTAL TUX FINKENBERG 850 - 3250 m

6. SEPT 2025

VOUCHER RUNNER'S MEAL

VOUCHER RUNNER'S DRINK

SHOWER
@ Erlebnisbad Mayrhofen Waldbadstr. 539

Voucher for Runner's Meal

Voucher for Runner's Drink

Entry to the Erlebnisbad Mayrhofen on the event day

BIBS

SALOMON

MAYRHOFEN
ULTRAKS ZILLERTAL

«SPRINT»

6. SEPT 2025

SHOWER
© Erlebnisbad
Mayrhofen
Waldbadstr. 53B

ZILLERTAL
TUX
PINKENBERG
8800 - 1000 m






SALOMON

MAYRHOFEN
ULTRAILS ZILLERTAL

«MUZ14»

TUX ZILLERTAL
PINKENBERG
2024-2025

VOUCHER
RUNNER'S
MEAL

VOUCHER
RUNNER'S
DRINK

SHOWER

@ Erlebnisbad
Mayrhofen
Waldbadstr. 539

6. SEPT 2025






**VOUCHER
RUNNER'S
MEAL**

**VOUCHER
RUNNER'S
DRINK**

SHOWER

«MUZ30»

6. SEPT 2025

**@ Erlebnisbad
Mayrhofen
Waldbadstr. 539**

[illegible]

SALOMON

MAYRHOFEN
ULTRATRAIL

TUX
FINKENBERG
850 - 3250 m

RUNNER'S MEAL

RUNNER'S DRINK

TUX070
FACE THE CHALLENGE

PACE OFFICE: +43 664 939 5146 53

6. SEPT 2025

Distance (km)	Elevation (m)	Feature
0	850	Start
10	1000	Aid station
20	1200	Aid station
30	1500	Aid station
40	1800	Aid station
50	2000	Aid station
60	2200	Aid station
70	2500	Finish





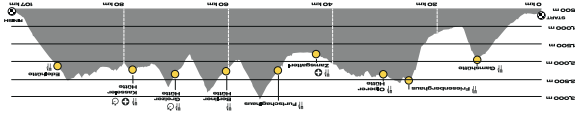
RUNNER'S MEAL

RUNNER'S DRINK

Z101
STRIVE FOR GLORY

RACE OFFICE: +43 664 868 546 53

5. SEPT 2025



MOUNTAIN RESCUE

The Mayrhofen Mountain Rescue is responsible for safety along the routes. Their fixed positions are located here:

- Start & Finish Mayrhofen
- Oberkumbichl
- Gschösswand
- Granatalm
- Rastkogelhütte
- Roswitha
- Zimmereben

In case of injury or other emergency, please contact the following number:

Mountain rescue: **+43 664 88 59 81 67** (Andreas Eder)

AFTER THE FINISH

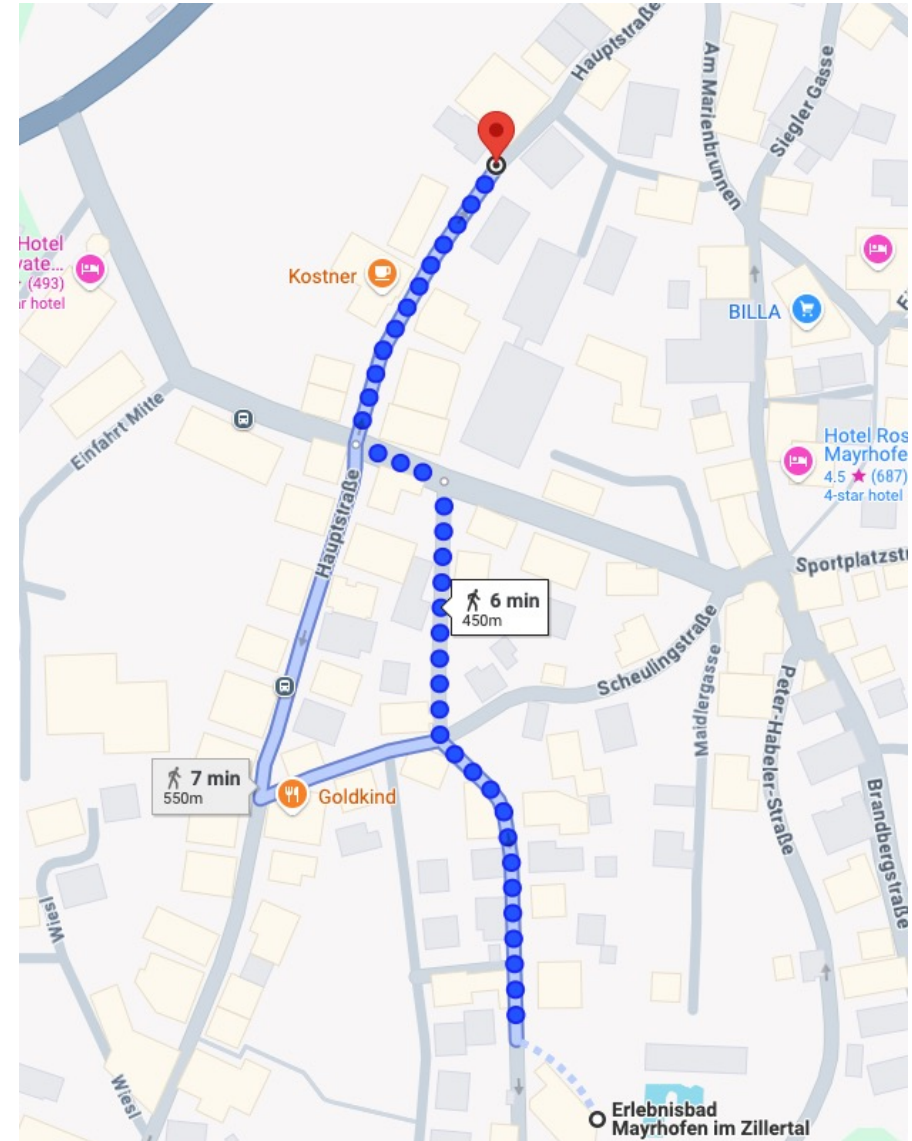


SHOWER

- Showers are located in the **Erlebnisbad Mayrhofen**, Waldbadstraße 539. They are closed at 08:00 pm.
- You can reach the showers within 6 min walking distance.
- Take the bib number with you to enter.
- After 8 p.m. you can shower at the Hotel Neue Post

RUNNER'S MEAL

- You can enjoy your Runner's Meal after the race in the Event Area with your voucher on your bib.
- From 9 pm inside the Europahaus



ULTRA KS ZONE

In the Ultraks Zone we offer you and all companions a varied entertainment program. On the LED wall you can follow the races live via GPS tracking and live camera images. The hosts Marco Tscharnig, Lukas Edenhauser and DJ Max will ensure a good vibe!

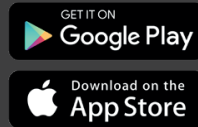


GPS TRACKING APP



SO GEHTS:

1. Download "TIME2WIN GPS TIMING" - App



Die App kann ohne dem Pairing auch für Verfolger des Bewerbes verwendet werden.

2. Öffne die "TIME2WIN GPS TIMING"-App / Open the App

a) Klicke einfach den verlinkten App Key aus dem Infomail der Veranstaltung auf deinem Smartphone.

Alternativ wird oftmals auch vor Ort ein QR Code des App Keys bereitgestellt, auch hiermit kannst du dich für das Tracking einloggen.

b) Du hast den App-Key-Link nicht auf deinem Smartphone verfügbar? Kein Problem - gib den 6-stelligen App Key einfach in die Suchleiste auf der Startseite in der App ein und gib Name und Startnummer ein - Bestätigen - Fertig.

APP KEY ULTRAHS MAYRHOFEN: X3KHVO

c) Starte deinTracking

Du hast dich erfolgreich eingeloggt - Dann einfach innerhalb der letzten 30 Minuten vor dem Start auf den START-Button drücken: 3,2,1 ... los gehts.

!WICHTIG: Damit die App deine Bewegung aufzeichnen kann, darf kein Stromsparmmodus aktiv sein oder nach Abschalten des Displays aktiv werden, der das GPS abschaltet. Natürlich muss die Standortfreigabe für diese App freigegeben sein.

ARRIVAL BY TRAIN

- From Jenbach train station (express train station) you can take the Zillertalbahn or the buses to Mayrhofen every half hour.
- Via the ICE hub in Munich, travelers from e.g. Hamburg, Berlin, Cologne or Frankfurt can also reach Jenbach quickly and easily.



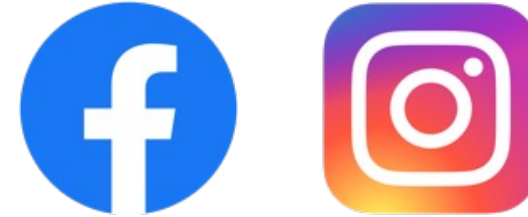
ARRIVAL BY CAR

- Carpools are welcome 😊
- Parking options:
 - Parkhaus Sozialzentrum
 - Parkplatz Kumbichel (Ahornstraße 865)
 - Busparkplatz Einfahrt Mitte (Einfahrt Mitte 427)
 - Horbergbahn (kostenlos)
 - Ahornbahn
 - Europahaus



SOCIAL MEDIA

Feel free to tag @mayrhofenultraks in your stories and posts!



LAST MINUTE INFORMATION

"Last minute information" is available on our social media channels or on our website (www.mayrhofen.ultraks.com).

FANTICKET & FANZONE

The Mayrhofner Bergbahnen offer a Mayrhofen Ultraks FanTicket for fans and family.

With discounted prices you get to the following stations:

MUZ30, RK50 and TUX070 "Gschösswandhaus and Granataim".

In the Ultraks FanZone powered by Mountopolis will be the finish line of the Mountopolis Vertical. The FanZone is directly at the mountain station of the Penkenbahn.

More information and ticket booking can be found at:

<https://www.mayrhofen.at/de/pages/mayrhofen-ultraks-fanticket>

MAYRHOFEN
ULTRAKS ZILLERTAL

ULTRAKS FANZONE

POWERED BY MOUNTOPOLIS

DJ-SOUND, DRINKS & PURE ACTION

📍 PENKENBAHN BERGSTATION

📅 06. SEPTEMBER 2025 ⌚ AB 09.30 UHR

LIVE GEWINNSPIEL!

VOR ORT ANMELDEN &
MEGA PREISE GEWINNEN!



MOUNTOPOLIS



SALOMON

evil eye



SPORTOGRAF

- As official photo partner [sportograf.com](https://www.sportograf.com) is at your service. They will capture the best pictures and memories of the Mayrhofen Ultraks Zillertal for you.
- You can purchase your individual photos based on your race number at a reasonable price after the race.
- You will find all photos quickly after the event under:

<https://www.sportograf.com/de/event/14045>



We wish you a great and successful run.
Have fun and take care of your fellow runners!



 **MAYRHOFEN**
ULTRAKS ZILLERTAL

TUX 070

Face the challenge